

Awareness Dates 2018

We have put together a timeline of important awareness weeks for the coming year which can help with your planning. We can offer a variety of events and initiatives to help promote these valuable days.

Blue Monday	15th January	June	Pride Month
Heart Month	February	Carers Week	11-17th June
LGBT History Month	February	Healthy Eating Week	11-15th June
World Cancer Day	4th February	Father's Day	17th June
Children's Mental Health Week	5-11th February	Alternative Family Week	September
Safer Internet Day	6th February	World Suicide Prevention Day	10th September
World Book Day	1st March	Breast Cancer Awareness Month	October
World Maths Day	7th March	Black History Month	October
International Women's Day	8th March	National Work Life Week	1-5th October
Mother's Day	11th March	World Smile Day	5th October
World Sleep Day	16th March	World Mental Health Day	10th October
National Autism Awareness Month	26- 2nd April	Movember	November
World Health Day	7th April	International Men's Day	19th November
Mental Health Awareness Week	14-20th May	Anti-Bullying Week	12-16th Nov
Dementia Awareness Week	15-21st May	National Stress Awareness Day	1st November
International Day Against Homophobia	17th May	Transgender Day of Remembrance	20th November

